

3 Questions for Career Clarity

Why

This exercise will help you gain a more sharp view on what is truly important to you, to your role, and to your future. At times, it's very hard to peel away the covers and look at where we want to be and what, at times, could be in our way. Our first step is clarity.

What

A one page worksheet. A calm, quiet, and un-interrupted space. At least 30 minutes of your time. An investment in YOU.

How

Many things are quite simple, they are just not easy. This exercise is not complicated, not cumbersome, not overweight – again, it's very simple – it is just not easy. This will take some quiet time, some consideration, some honest thought.

Step 1

Take the following worksheets and either print it or have it on your laptop.

Step 2

Think, ponder, consider, meditate, visualize, evaluate, discover, and illuminate.

Step 3

Document



Step 4

Share



Definitions

I want more of

As you consider the next steps in your career – regardless of what they are – what do you love about your current role? What motivates you? What makes you excited on a Monday to go to work?

I want less of

Not the mirror opposite of the previous question; rather, consider those things that distract you from your goals. Try to identify the behaviors or blocks to you enjoying your day.

I will make an investment or sacrifice

In order to take a step, sometimes we need to move back, sideways, or slantways. As we identify our goal, sometimes we need to sacrifice commute time or miss out on something. Maybe I just need to go back to school? What sort of investment could you possibly need to get to the goal you have clarified?

in my next role ...

I want more of

I want less of

I will make an investment

My Favorite Things

a top 10 list

tasks	
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

What things always find their way to the top of my "to do" list? I never resist doing these things.

learnings	
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

Where do I focus my "intellectual curiosity"? When I want to discover hidden strengths what topics am I attracted to?

wants	
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

Can I articulate my wishes and desires? What items, or creature comfort do I hold close? Are there material or emotional things that I want?

energizers	
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

Consider things that charge my battery - what do I need to continue to motivate me? What brings you the most satisfaction?



take time, enjoy the journey, discover your future

